

Most youth in Alaskan state foster care are Alaskan Natives, African Americans, or mixed race, and in 2022, Alaskan Native youth made up 20% of the population but 60% of the youth in foster care

When PHH and its partners determine that a youth would benefit from a community-based treatment alternative, the PHH team provides that youth with the family-based and clinical treatment needed to heal and learn the life skills required to live productive and meaningful lives.

PHH youth backgrounds, FY2023

Alaskan Native.....	37%
Caucasian.....	30%
Spanish, Latino Hispanic	9%
Black/African American	6%
Native American.....	3%
Bi-racial.....	3%
Native Hawaiian.....	2%
Asian	2%
Other	8%

PHH youth ages, FY2023

Under 12	13%
12-18	72%
18+.....	15%

PHH is the largest Residential Group Home & Therapeutic Treatment program in Alaska by the number of youth served and licensed homes

Meet the PHH team

Ty Tigner, Executive Director, is an energetic, empathic, and courageous organizational leader and Teaching Parent who specializes in financial stewardship, organizational development, and program growth. Ty became the first African-American executive director of PHH in 2016 as a culmination to a 35-year career with the PHH organization. Ty leads a team of 130 Alaskans; 60 in Wasilla, 70 in Fairbanks.

PHH Teaching Parents set and maintain the treatment environment, skilled in establishing rapport with residents and their families from a wide range of cultural and sociological backgrounds.

PHH mental health clinicians have expertise in strengths-based treatment that utilizes cognitive behavioral therapy, humanistic therapy, mindfulness-based therapy, narrative therapy, and solution-based therapy. Our staff uses Eye Movement Desensitization and Reprocessing (EMDR) and substance abuse prevention programs.



We're raising money for a new building and treatment center

PLEASE DONATE TODAY!



We're raising money a new building, and we're halfway to our goal!

HELP US MEET OUR GOAL!

Help PHH build a new space and create a brighter, safer future for us all

Presbyterian Hospitality House, or PHH, is an Alaska-based 501c3 that provides mental health and behavioral treatment in a community-based program as an alternative to institutional or juvenile detention placement

www.phhalaska.org



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Our program cornerstone: The Teaching Family Model

Our treatment approach was developed by the Bureau of Child Research at the University of Kansas and is widely recognized as an effective method of treating troubled youth. Its three tools include:

1. Social reinforcement of behavior from caring and consistent teaching parents,
2. A token economy appropriate to the child's age that promotes positive achievements, and
3. A guidance system that allows youth to participate while also learning about self-governance.

PHH youth programs

Our **residential group homes** and teaching families work closely with school personnel, juvenile probation officers, and social workers to help youth develop a positive character, academic discipline, and an individual work ethic.

Therapeutic treatment homes offer individualized treatment with greater sensitivity and responsiveness to a child's needs with 1:1 adult and child interactions.

The **Transition to Independence® Process (TIP)** supports 18-year olds or older youth to develop skills like budgeting, paying bills, getting a job, as well as doing laundry, shopping, cooking and cleaning.



Help us build a new facility to help more Alaskan youth

PHH Riverfront Village will be a safe space for our youth to heal, study, socialize, exercise, and grow. It's also going to be a productive space for staff, teaching parents, youth, and their families to work together for each youth's best outcomes. The building and its spaces will provide benefits to PHH youth like:

- A safe place for our kids to hang out, and practice the social skills they're learning from their Teaching Parents.
- An indoor, multipurpose gym space for basketball, and indoor events—and a place to do new activities and implement new programs.
- A garage and small machine shop for PHH vehicle maintenance, and for youth to learn vocational skills.
- Visitor accommodations for remote and rural family visits so we can involve parents in the treatment.

Your PHH donation is an investment in healthy Alaskan communities

PHH has demonstrated 2x better outcomes than traditional psychiatric or judicial institutional systems with significant cost efficiencies, and ensure high school graduation for all our eligible program youth.

- PHH owns 11 of 12 of our group foster homes and is paying off the 12th home's 30-year mortgage on an accelerated timeline.
- FY22 Functional Expenses:
Programs, 80%
Administration, 19%
Fundraising, 1%
- Conservative estimates call for 10-20% program income growth in the first year, and a continued 5-10% growth in the second year after building completion; this growth is based on hosting program activities in the added space and the ability to expand PHH services to at least one rural or remote location.
- We estimate a 9-12% decrease in employee turnover rate in FY '24-'25 by increasing the available office space, and adding amenities like a staff kitchen since current offices are overcrowded, don't have individual mental health clinician offices, and lack more than one group meeting space.

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